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September, 2019

Hallowell admissions team assures smoother hospital transitions

by Sue Baker, photo by Bob Heaton

Transitions to and from the hospital can be stressful. But two recent additions to Broadmead's healthcare contingent are making those transitions a lot easier.



Megan Rosas, Lawan McIntyre

Residents who are admitted to a hospital can expect a visit as quickly as possible from Megan Rosas, the new admissions manager, who holds a degree from UMBC in

management of aging services. She came to Broadmead after four years at Keswick as admissions manager. Patients being discharged from a hospital to Hallowell or independent living will benefit from Megan's interaction with the hospital's case manager to coordinate plans for that transition. She will also visit Broadmead residents after they transfer to Hallowell to check to see how they are doing.

Working closely with Megan Rosas and the rehabilitation staff is Lawan McIntyre, RN, CMDN, Hallowell's rehabilitation nurse manager. When a patient (whether or not a resident) has been discharged from a hospital and comes to Hallowell, McIntyre will make sure that everything ordered by the doctor is available and will meet with patients to find

Continued on page two

Popular Director of Maintenance retires after 23 years at Broadmead

Text and photo by Jackie Mintz

"Unsung hero." That was what resident after resident said about Dave Witkowski,



Dave Witkowski

who retired at the end of July after over two decades at Broadmead. It was an apt description of a reticent man who ended his career at Broadmead as director of maintenance. A familiar sighting on campus was Dave heading rapidly and purposefully toward

some unit or other, solving one problem after another. Residents praised his willingness to look for and find solutions to their problems. While sometimes a bit taciturn on first meeting, Dave could become talkative on various topics, including the two feral cats that he has been feeding for several years.

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Banner photo of bee balm flowers with attendant hummingbird by Erroll Hay

Inaugural Family Education Day draws large, appreciative crowd

text and photo by Bob Heaton

Ever since arriving at Broadmead in 2016, Health Services Administrator Ann Patterson had sought ways to make families aware of how their loved ones move through the stages of care Broadmead offers.



Director of Nursing Pushpa Nallabotula speaks in the Auditorium/Lounge

On Saturday, August 10, she got her chance as an eager audience sat for almost three hours to hear staff leaders explain their roles in providing care.

Ann said the

event was intended to start conversations between residents and family members as to what to expect as the years unfold. Too often, families meet staffers only *after* decisions are needed. Advance planning works better.

Detailed minutes will be issued to cover the many presentations. Therefore, they are not covered here.

Witkowski *continued from page 1*

Beginning at Broadmead in November, 1996, Dave was assistant director of maintenance until 2004, when he was promoted to director. For Dave, the best part of being at Broadmead was working with the residents. He especially enjoyed the early years when he worked directly with incoming residents to renovate their new apartments. According to Dave, that was when he had the most opportunities to get to know residents.

He also loves the beauty of the Broadmead campus. He will miss his staff, who volunteer expressions of loyalty to Dave, praising his work ethic and admiring his ingenuity.

Dave lives with his wife in Carroll County, near the Baltimore County line. His immediate plans are to do nothing. Given his history, however, it is likely that he will find something on which to focus his considerable energy and attention.

Don Palughi continues to expand Friends Circle

Text and photo by Bob Heaton

Speaking at the June Exchange in just his third month at Broadmead, Friends Circle Director Don Palughi said that his staff and available services continue to grow, both on and off the Broadmead campus.

Fee schedules are available for all services.

Don says that he can find a way to do anything a resident needs. Just come in and talk it over.

For more background on Don, see page two of the May, 2019 issue of The Voice.



Don Palughi

Transitions *continued from page 1*

out about their preferences (for example, where they would like to eat) and what they need in order to be comfortable. McIntyre will also talk with families and the rehab staff about the proposed rehabilitation activities and objectives.

Rosas and McIntyre both grew up in Baltimore. Rosas started volunteering at Oak Crest at age 13. She is now raising a 3-year-old son and a 6-month old daughter while working full time. McIntyre, whose passion for geriatrics stems in part from having been raised by her grandparents, has a 3-year old granddaughter and is working toward a master's degree in nursing; her daughter is a nurse at Catholic charities with plans to become a nurse practitioner.

Megan Rosas and Lawan McIntyre have a common goal: to fill 17 rehab beds with a mixture of Broadmead and non-Broadmead patients who are in need of physical, occupational or speech therapy as well as nursing care. Pushpa Nallabotula, Broadmead's Director of Nursing, is pleased with this new team and says she believes that reducing patients' stress regarding hospital transitions results in better and faster recovery.

Jerrell Fleming named Executive Chef

Text and photo by Jackie Mintz

Broadmead assistant executive chef Jerrell Fleming was recently promoted to Executive Chef, the position vacated by Dan Hall's appointment as Director of Dining & Hospitality. A veteran chef with over a dozen years of experience at Broadmead, Jerrell



Jerrell Fleming

comes to the position with considerable knowledge of and familiarity with the needs of food service at Broadmead, its staff, and the concerns of residents. Although administrative responsibilities will

take up much of his time, he hopes and plans to spend as much time as possible on his first love, cooking.

Jerrell thinks the current menu offerings are good, and does not expect to make any significant changes. Instead, he will address issues like the amount of salt in dishes. He is aware of residents' unhappiness about it. He noted that they have already remedied another of the residents' concerns by serving sauces separately from entrees when sauce is not an integral part of the dish.

Jerrell is pleased with resident response to the spa menu, and will encourage more residents to try it out and use it regularly.

As for the future, Jerrell anticipates he will be looking at the menu for the bistro and for the new dining room.

Beginning at Broadmead in 2006 as a hot cook, Jerrell completed a bachelor's degree at Morgan State University in finance two years later. He then obtained a certificate in culinary arts from the Baltimore Culinary Institute, supported by a Broadmead grant.

Jerrell and his companion, Whitney, have a son and two daughters. Two of his brothers are also employed at Broadmead, Allen Fleming (security) and Shawn Evans (housekeeping).

Tim Baker talks about Psychology

By Bob Fetter, photo by Bob Heaton

Doctor Tim Baker (resident Sue Baker's son, visiting from Taiwan) presented three talks on Psychotherapy early this summer. He emphasized the distinctions between medically-oriented Neuropsychology and more counseling-oriented Personality Psychology. Why do we think, feel and behave the way we do? What can we do to make this better?

He provided a sweeping overview going back to the Greeks' outlooks, on through the Renaissance into the Enlightenment and then mentioned the fascinations with topics



Tim Baker

such as Phrenology and Hypnotism, which arose in the 19th Century. Tim next shared some highlights from the contributions made by Sigmund Freud, Alfred Adler, and Carl Jung.

Jung was interested in the lives and potential of older people. He said that elders should look forward, not backward, to

avoid petrification and premature death.

The variations in "the process" emphasized in different approaches in psychology in recent decades was also highlighted, starting from Viktor Frankl's 1946 book *Man's Search for Meaning*.

There has been a considerable shift in psychology since World War II, with more emphasis on searching for "meaning" in life, more person-oriented therapy, exemplified in Carl Rogers' work, which offered ways to find meaning: by creating something or engaging in an activity; by having caring relationships with other persons in the outside world; and by broadening our ability to choose our attitudes about unavoidable problems.

There has also been the work related to Cognitive-Behavioral Therapy (CBT), with emphasis on ways to understand counter-productive behaviors. There are also variations in modes of delivering therapy for both individuals and groups, in both inpatient and outpatient settings.

Fortunately, George Opfer likes working among senior citizens

Another installment in a series about long-term employees

Text and photo by Jackie Mintz

One of the most familiar sights at Broadmead is George Opfer speeding around campus and through the clusters. He also can often be seen chatting with residents. But not only are the sightings of George frequent, they have been occurring since October 1990, when he first began

work at Broadmead.

What most current residents don't know about George is that his first jobs were in Food Service, back at a time when Broadmead still had a formal dining setting. He started as a waiter, then a lead server, then the assistant host, a position he held for eight years,



George Opfer

where his boss was Brenda Copenhaver.

But he had originally applied for a job in the Maintenance department so when a position in heavy duty opened up in Housekeeping in 1998, he applied for it, and received it.

George had originally applied for a job at Broadmead because he knew about it from having visited Alice Powel, who was related by marriage to George's great aunt Lou. Alice Powel was a mudder (one of the original Broadmead residents), and mother of the late resident Sue Carnell. George used to visit Alice and her family as a child.

George wanted to work at Broadmead because it was a beautiful place and because of the residents. He had always preferred the company of older people. The residents are still what he likes most about working at Broadmead.

A native of Baltimore, George grew up in northern Harford County.

New Nurse Practitioner welcomes the opportunity to treat seniors

Text and photo by Kathleen Truelove

Originally from Massachusetts, Laura Ross moved to Maryland at the age of 10. After a couple of years in Columbia, she moved to Harford County, where she still lives.

She earned an RN at Harford Community College, and worked part time at Mercy Medical Center, concurrently transferring to Towson U. to earn a BSN. She continued at Mercy in a progressive care unit where, for more than three years, she treated patients just out of intensive care.



Laura Ross

She moved to U. of MD Upper Chesapeake Health for another three years in the clinical decision unit, working with a multidisciplinary group evaluating high risk patients. The goal was to prevent the need for re-admission. Many of these patients were elders, sparking her

interest in palliative care.

Her education continued at Johns Hopkins University School of Nursing where she obtained her MSN. She is now a nurse practitioner. Once a week she teaches a health assessment lab to nursing students at Hopkins, something she really enjoys.

Laura's grandmother was the inspiration for working with older people because Laura cared for her in her final illness, and also because, as a child, Laura accompanied her grandmother on visits to nursing homes.

Laura's husband of five years, Robbie, works in management at Sprouts Farmer's Market in Bel Air. They have a red haired daughter, Jade, who will be three next month.

Laura's first goal at Broadmead is to get to know the residents. Seeing a variety of patients with various illnesses and conditions is appealing to her. Down the road, she hopes to help residents understand palliative care and the many options available to people toward the end of their lives.

Boynton Fund supports seven Broadmead employee-scholars



Clinton Anokwute
Dining Services
Clinton is studying for a bachelor's degree in biology at Towson University. His career goal is medicine.



Ja'Kaiya Johnson
Dining Services
Ja'Kaiya is working toward a bachelor's in Health Science at Coppin State in order to pursue a career in physical therapy.



Mia Davis
Nursing
Mia seeks an AA degree at Harrisburg Area C.C. in order to pursue advancement in her nursing career



Keeshawna Nutt
Dining Services
Keeshawna seeks a bachelor's in Social Work at Morgan State to pursue a career in that field.



Maya Jackson
Marketing
Maya is working toward an MSW at University of MD Baltimore County to pursue a career in social work.



Rozelle Rich
Nursing
Rozelle is pursuing an AA/RN at Pennsylvania College of Health Services in order to advance her nursing career.

For the approaching academic year, the Boynton Fund has awarded scholarships to seven Broadmead staff members employed in Dining Services, Nursing, and Marketing.

Boynton scholarships are available to both full and part-time employees. Applications are available at the Human Resources office.

Members of the Scholarship Council are: Joyce Gilley, Bart Houseman, Gwen Marable, Mary Frances Wagley, and Beth Wells, chair.

*Information compiled by Beth Wells
Photos courtesy of Human Resources*



Jacquetta Williams
Nursing
Jacquetta pursues an AA/RN degree at Pratt Community College in order to advance her career in nursing.

BRA Conservation Committee

Promoting Ecological, Energy, and Global Conservation

Monday, September 9 1:30 p.m.

Fireplace Room

All residents welcome

First Monday Book Group

***The Rosie Project* by Graeme Simsion**

Mon., Sept. 2 10:30 a.m. Auditorium

***Becoming* by Michelle Obama**

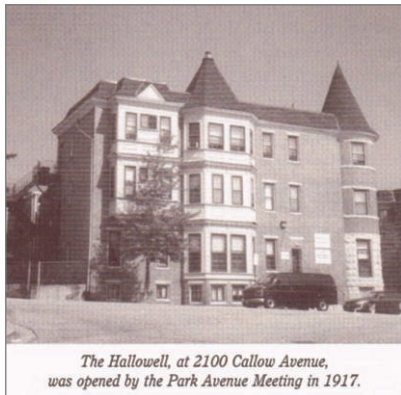
Mon., Oct. 7 10:30 a.m. Auditorium

Both moderated by George G. Toole, Rev. D.

A HISTORY OF BROADMEAD *by Catherine Grauel Motz*

Photos from archives

It is not happenstance that there are so many Quaker retirement lifetime care centers. Friends have long had a concern for the elderly. As early as 1897, Friends in Baltimore realized the need for a home for dependent Friends. The Yearly Meeting appointed a committee "to consider this matter and proceed as way opens." The "Darlington" was established, but when the

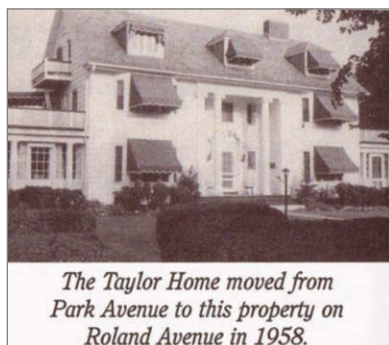


need seemed to pass after 10 years, it was closed. Again in 1916 there was a growing concern for a Friends' Home, and the Yearly Meeting established the "Hallowell" at

2036 Park Avenue in Baltimore City. In 1923 the Hallowell, in need of more space, moved up the hill to the old Bond estate, later a Norwegian seamen's home.

The Hallowell became known as "The Taylor Home," in tribute to Jonathan K. and Emma L. Taylor who bequeathed a generous legacy to establish, erect, and maintain a Friends Home under the management of Baltimore Monthly Meeting of Friends, Park Avenue (since 1942, Baltimore Monthly Meeting of Friends, Stony Run).

In September 1957, The Taylor Home moved to 4608 Roland Avenue, [an early location of the Roland Park Country School]. When in 1973 major costly renovations



became necessary for obtaining State of Maryland licensure, The Taylor Committee recommended to the [Stony Run] Monthly Meeting that a committee be appointed "to

come up within two years a firm recommendation as to how the Meeting could best fulfill its responsibility for the care of its elderly members," thereby satisfying terms of the Taylor Bequest. A so-called "Committee on Aging" was selected.

In May of 1975, the Committee reported as its recommendation a Lifetime Care Center in the metropolitan area [would be] the best option. This conclusion was reached following a feasibility analysis by the Development Economics Group of Washington, DC. To accomplish this goal, a request was made by the Committee to Baltimore Monthly Meeting [Stony Run], [1] that a separate corporation be formed

including representatives of the Friends Meetings in the Baltimore area: Homewood, Stony Run, Little Falls, and Gunpowder; [2] that as start-up money, the accumulated reserve funds and income from the principal of



Catherine Motz

the Taylor Bequest (beyond whatever was required for the care of the Friends still residing at the Taylor Home) be made available; and [3] that the Taylor Home be closed as soon as possible.

On July 14, 1975, the Committee on Aging began to plan the new facility and changed its name to Lifetime Care Committee. When the Taylor Home was closed [that same month] the two Friends remaining moved to Pickersgill near Towson.

At this point, the composition of the [Lifetime Care] Committee changed. Members of the Committee on Aging who favored an in-town, high-rise concept left so as not to impede the plans. Subcommittees were appointed and

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HISTORY *continued from page 6*

work began immediately.

On January 22, 1976, the Articles of Incorporation of Friends Lifetime Care Center of Baltimore, Inc. was approved by the Maryland State Department of Assessments & Taxation. By February [1976], the Organizing Trustees had a new Board in place and the Lifetime Care Committee was dissolved.



Martin Trueblood

With the new Board of Trustees in place, the immediate need was to locate an Executive Director. Ads were placed across the country. We hoped to find a Quaker. Martin Trueblood, a Friend, then director of Pine Run in Doylestown, PA, applied. His experience as Assistant Director of

Foulkeways (1967-1974) was recognized and by October 1976, after several months with us part-time, he was named our Director. His engineering knowledge was invaluable, as was his experience with lifecare. The Personnel Committee also sought a Medical Director and prepared the employee manual which was in place by the time staff was hired.

In February 1976, a three-phase contract was explored with Cochran Stephenson & Donkervoet, Inc. providing for evaluation and analysis of sites and for conceptual architectural designs. Glen Tipton, associate with CS&D, was assigned to us. Jim Dietrich, associate at Whiting-Turner Company, was named on-the-job superintendent.

The Site Selection Committee was faced with finding a property meeting four conditions—water, sewerage, zoning, and cost. Some 25-30 sites were visited, usually in mud, sleet or rain, including areas near Goucher College, Sheppard-Pratt Hospital, Westminster, the orchards of Weber's farm, and the Johnson property off Old Court Road. John Carnell, Robert Sparks, and Catherine Motz met with neighborhood

associations, showing slides (mainly of Kendal near Kennett Square, PA) to explain our project.

Finally we found "Holly Hill," the 80.83 acre property of Harry Dundore. The water and sewer conditions were met, and the cost (\$1,025,000) seemed within our expected range. Zoning was to be the problem....

To be continued next month....as transcribed and slightly edited by Bob Fetter

New recruiter hired to reduce employee turnover.

by Jackie Mintz, photo by Bob Heaton

A new addition to Broadmead's HR program is LaShawna May, who was hired recently as Talent Acquisition Manager. The position, a new one, was created in response to a longtime and persisting problem of employee turnover, with a recent average of 15-20 new hires a month.



LaShawna May

A veteran HR professional with 18 years of experience, LaShawna's primary responsibility is to recruit and hire new employees. She is building a recruitment process, which will include internships for students in nearby colleges and other educational institutions. She is also building, as the other side of the process, programs to retain employees, such as career ladders and other ways to permit employees to develop work careers. LaShawna also conducts orientation programs for new employees and the "on-boarding" process.

A native of Westchester County in New York, LaShawna's past positions include: a senior recruiter for CareFirst, and consultant for the State of Maryland. She has a masters of business degree in Human Resources.

Fireside Chat

Monday, September 9
10:30 a.m. Auditorium / Lounge

Broadmead Welcomes

Bobbie Cook, M-10, 410-303-5350,
cookbobbie347@gmail.com June, 2019

A native of Reading, PA, Bobbie Cook comes from a Pennsylvania Dutch family. She became interested in special education when, at the age of 13, she worked with a blind 3-year old child. Bobbie met her husband, Ralph, at a fraternity party at Franklin & Marshall while she was attending Millersville State College. After graduation, she taught in elementary school until her children, a son and a daughter, were born. She returned to teaching when the children were in school. In Connecticut, she bought a nursery school and taught grades 1 – 3 at an ecumenical school.



Bobbie Cook

Having previously lived in the Essex area, the Cooks returned to Baltimore in 1982. Bobbie worked at United Cerebral Palsy and used her special education minor from college to teach kindergarten at the Delray School, where she was also Assistant Principal.

She is proud to have seen some of her former students graduate from high school.

Before moving to Broadmead, Bobbie & Ralph lived in the Springdale neighborhood of Cockeysville. Bobbie volunteered at the nearby Oregon Ridge Nature Center. A bit further from home, she tutored at the Brown Memorial Presbyterian Church in Bolton Hill. The tutoring service there is the oldest private tutoring service in the country and at present serves four schools.

Bobbie augments the ranks of Broadmead residents with wide interests and volunteer experience. She joins the talented group of Broadmead quilters. Among other projects, she has made a Star of Bethlehem quilt for her astrophysicist son.

Text and photo by Kathleen Truelove

Ralph Cook, M-10, 410-303-5350,
CookR316@gmail.com June, 2019

Ralph Cook learned of Broadmead through resident Jane Brown (Michener). Jane's partner, Nancy Geyer, asked Ralph to go to Bucharest, Romania to assist a non-profit effort to train leaders for Romanian orphanages. A non-governmental organization



Ralph Cook

was formed and ten years later, the local people took over the project.

Ralph is a Philadelphia native who attended Central High School there, from which he received a degree rather than a diploma. Founded in 1836, it is, he said, the second oldest secondary school in the country. After receiving

another degree, this time in history, from Franklin & Marshall College in Lancaster, PA, he went on to Lancaster Theological Seminary for a Master of Divinity.

As an ordained minister in the United Church of Christ, he served several congregations, beginning in Catawissa, PA on the Susquehanna River, then in the Essex area of Baltimore County, then Waterbury, CT, and back to Baltimore to St. Matthew's Church in Mayfield, where he served for 13 years. After that, he became a consultant in organizational development. He has long worked in the area of alcoholism and has served on the National Council on Alcoholism. For 35 years, he worked with the Boy Scouts, going from being a Scout himself to being an Assistant District Commissioner.

Ralph and Bobbie, his wife of 57 years, have led marriage enrichment workshops, beginning during their time in Connecticut. Ralph's hobby is woodworking, especially sailboat models. He will be a welcome addition to the Woodshop Guys.

Text and photo by Kathleen Truelove

Broadmead Welcomes

Winfield Cain, C-3, 443-578-8223,
winfieldcain@gmail.com June, 2019

Unlike many, possibly most, residents, Win Cain and his late wife, Lorraine, possessed enough foresight to sign up for Broadmead back in the 1980s, but it was not until this past year, when Win experienced some physical



Winfield Cain

problems, that he decided it was time to move here.

Raised in Bel Air when it was still a small town, Win attended McDonogh School and obtained a bachelor's degree in economics from The Wharton School. Armed with an MBA from

Western Reserve University, he began a lengthy career in finance. Starting as an accountant in the Glidden Company, he moved to positions at the Chesapeake & Ohio and the B&O Railroads, and then to Drexel Burnham Lambert and Redwood Capital Management. Finally he moved to Mt. Vernon Associates, where he was president and is now chairman of the Board.

A member of Stony Run Meeting and having served on the boards of Sheppard Pratt Health System and the Friends School of Baltimore, Win arrives at Broadmead with a sturdy Quaker background. He represented Stony Run on the board of GEDCO (Govans Ecumenical Development Corporation), in which Broadmead residents Nancy and Herb Clark were closely involved.

Win moved here from Ruxton, where he lived for almost 40 years. His wife Lorraine died in 2015. He has two sons, Michael and Kevin, who live in Maine and nearby Jacksonville respectively. He has three grandchildren.

Text and photo by Jackie Mintz

Be helpful to our new neighbors
Please wear name tags

Barry Rascovar continues his Current Events series

by Ed Hirschmann

In the first four of six scheduled talks sponsored by the Current Events program, former Baltimore Sun staffer Barry Rascovar, gave Broadmead a summer of worrisome, even frightening, views.

Rascovar is dismayed by the "masters of media" who are making a game of the Democrats' presidential nomination process by giving platforms to newcomers seeking attention with "wild ideas" such as Elizabeth Warren's "wealth tax" which, he said, would drive wealthy Americans to offshore tax shelters. Rascovar clearly favors Joe Biden who, despite his age, Rascovar believes, is best-qualified by experience and moderation. Rascovar says Trump can't be beaten in Middle America with proposals like "Medicare for All" which, he says would result in impossible costs, long waits for surgeries and appointments, and the bankrupting of many rural hospitals.

Much of Rascovar's oratory dealt with Donald Trump. He said Trump's zest for publicity echoes Babe Ruth's visits to schools and orphanages which were arranged to get him on front pages virtually every day during his popularity. Rascovar characterized Trump's election campaign as "outrageous behavior . . . He mocked the other candidates. And it worked."

As for Trump's behavior in office, Rascovar cited Peter Baker of the *New York Times* who wrote that the president has enabled "the darker side of America to emerge," and that he is "throwing matches on the racial woodpile." Recent tweets from Trump calling Baltimore "a poster child for a city that doesn't work" seem to bear out that opinion. Rascovar also criticized Trump's trade battles with China which he believes are bad for our economy.

Turning to dangerous foreign problems, Rascovar mentioned ongoing problems in Hong Kong, India, North Korea, Afghanistan, Syria, Great Britain and Venezuela.

Rascovar's concluding two talks will be reported in the October *Voice*.

Broadmead beekeepers battle insects and weather to produce honey

From a report to the BRA by Michael Kelly, edited by Sue Baker

Photo by Bob Heaton

Three residents, Cliff York, Michael Kelly, and Raymond “Pete” Lund, form a team that cares for the Broadmead Apiary. The year has been busy, but disappointing in terms of honey production.

To accommodate the planned new construction that routed the reconfigured Copper Beech Lane (aka the “Broadmead Beltway”) right through the bee yard, the apiary was moved uphill. One hive was moved a foot or two each day, introducing the new location gently to the bees so they would not get disoriented and lose their way home as the hive crept up the hill. Under the Master Plan, creating the new location for the apiary last fall was the first move of the new construction. The apiary was the prow of the ship of the New Broadmead.

Residents have asked whether the bees have been upset by all the noise and obtrusive equipment associated with our new location near the parking lot being built for Broadmead employees. Apparently not. The bees have not complained or changed their ways. According to the beekeepers, as long as they have access to a good hive and plenty of pollen, nectar and water, they seem to be a contented lot.

However, dirt moving at our new site apparently brought to the apiary a new pest that ordinarily lays eggs in the ground around the hive—the small hive beetle. These little creatures attacked the hives during the fall. They are smaller than bees and quick, so bees (that would happily eradicate the beetles) chase them constantly but can’t catch them. Hive beetles, which will thrive and overwhelm a hive if left alone, killed two of the hives. They leave eggs in the hive and nearby ground that hatch into little worms that will eat all the honey, pollen and bee larvae in sight. A hive done in by small hive beetles is left vacant and dead, but thanks to



Hives are sequestered from construction

the beetle larvae, every beeswax cell is clean as a whistle and left in pristine condition suitable for re-use. After spending a lot of time squishing beetles, the beekeepers put traps consisting of a small plastic array of openings inserted between frames in a hive, allowing beetles (fleeing the

bees) to fall through to a small reservoir of oil that drowns them. For the present, at least, it looks as if the beetle problem has been solved.

This winter the team installed on each hive a new woodchip-filled “super” (the hive equivalent to a story on a building) fashioned by Court Robinson. The woodchip super absorbs a significant amount of condensation that forms on the ceiling of a hive when the warmth (ca 50 -55 degrees) that bees maintain inside a hive meets winter’s icy cold ceiling cover. The new unit absorbs the condensation dripping from the ceiling, keeps the bees dry and allows their keepers to feed them a hearty diet of hardened sugar. The winter hives were loaded with bees that mysteriously died as spring arrived. The beekeepers speculate that perhaps there were too many bees wintering over and, despite being fed the hard candy, were unable to stay warm and survive the winter.

Four “nucs” of queens with bees were installed in the apiary in April, bringing the grand total of hives in the apiary to six. Bees in three are surviving but are too small to make much honey. Despite hopes for enough honey for the barn sale from the other three hives, mother nature intervened to make that unlikely: during the season when the main source of honey, black locust trees, were blooming, it rained every day for a week. Broadmead beekeepers, like other farmers, are highly dependent on the weather for crop success. All honey that can be harvested will be bottled and donated to the barn sale.

VP for Human Resources speaks at July Exchange

Text and photo by Bob Heaton

Yolanda Johnson brings a wealth of academic and practical experience to her managerial position at Broadmead. She was born in East Orange, NJ, and raised in neighboring Irvington as the youngest of three daughters.



Yolanda Johnson

She earned a BA in Business Administration with emphasis on human relations from Hampton College in VA, and then an MBA from the University of Baltimore. She worked as an Assistant Administrator at a 300

bed skilled nursing / assisted living facility in Columbia where, in three weeks, she "fell in love" with eldercare. As a result, she decided to earn an RN at the University of Maryland.

After working in nursing for a while, she found she missed being in charge, and took a post as Assistant Executive Director at Glen Meadows, thus beginning 14 years with

Presbyterian Senior Living. She became Executive Director, and then moved up to Human Resources manager for the corporation, overseeing 3,000 jobs.

She developed a Broadmead connection first by working with former CEO Rich Compton at Leading Age. Also through Leading Age, she met Robin Somers and stayed in touch with her through the years, and was therefore a logical candidate when the Broadmead position opened.

Yolanda has four people in her department, including recently hired recruiter LaShawna May (see article on page 7). Annual staff turnover is 36%, a figure Yolanda would like to see at 30% or less. Hallowell is staffed with 80% full-time employees and 20% part-timers. The ratio in Food Service trends in the other direction. There are currently 280 full-time employees, with 37 slots open. Yolanda expects that the addition of the recruiter will quickly reduce the vacancy number. She said that employees like to be heard and valued, and she is using the response to the recent satisfaction survey to help in the effort to become an Employer of Choice.

Yolanda likes hiking, quiet time, and reading. She is in a book club in Edgemere, and active in her church there.



New Residents welcomed 7/25

Left to right:

Nell Baumiller

Colleen Hurt

Ralph Cook

Bobbie Cook

Joanne Goldsmith

Susan Saunders

Robert Wolfson

Photo by Erroll Hay

Broadmead Briefs

compiled by Bob Heaton

Erroll Hay reports that a white bird, later identified as a house finch, showed up at his bird feeder behind D-3 in early July. Erroll researched the case and found it to be very rare. He learned that "the white color is caused by a genetic condition called Leucism which



prevents pigment from being properly deposited in a bird's feathers. Unfortunately, these birds do not survive long due to the lack of protective coloration, and are easy prey for hawks and feral cats."

Jean Wilson, Movie Committee chair, makes the following plea: "The BRA Movie Committee and the A/V Committee ask that residents make a special effort to arrive before 7:00 p.m. for the Tuesday



and Saturday movies. The doors will be closed at that time. People who arrive late and stumble around in the dark are not only disruptive, but also present a real safety hazard."

ADVENTURES IN LEARNING

With The Museum of Industry

10:30 a.m. in the Auditorium on four

Wednesdays, Jack Burkart presenting

September 4 ***The Roaring 20's***

September 11 ***The Port of Baltimore***

September 18 ***War on the Home Front***

Sept. 25 ***The Needles Trade***, Ed Hawkins

BOOK DONATIONS

The Library Work Group seeks gently used hardback and paperback books for the Barn Sale. Leave outside the Library Workroom on the Lower Level. **Thanks !**

For the first time in a very long time, on *The Voice* masthead (page 20), **Jackie Mintz** is not listed as an editor of some kind. Jackie is reducing her role to devote more time to her many other pursuits, particularly art and serving as a Broadmead trustee. All who lived at Broadmead during the unfortunate illness and subsequent death of legendary editor Marcia Reinke remember with awe and thanks that Jackie, virtually single-handedly, produced a succession of outstanding issues for a year. Fortunately, she remains on the editorial board and will continue to provide articles of the highest quality.

Wedding bells echoed for sous chef **Leroy**



Cliff York, Leroy Jones, Cynthia Ann Richardson, Leroy Richardson, Angie Jones. Jan York photo

Richardson and his bride Cynthia as they were married for the second time in 20 years. This time, the service took place in K-4, and was conducted by resident Reverend Cliff York. Standing up for the couple were long-time

Broadmead employee Angie Jones, and her husband, former staffer Leroy Jones.

Bob Fetter says that Volunteer Coordinator **Sara Moore** is reviving a long-standing service of water pouring by resident volunteers for Hallowell residents whose drinking water is refilled regularly. Volunteers are needed to serve water during the mornings (8 to 10 a.m.), and afternoons (2 to 4 p.m.). Also, this is a good chance to meet and visit with Hallowell residents. For more information, call Sara at 443-578-**8093**, or email her at smoore@broadmead.org.

Another volunteer opportunity occurs each Friday from 10 to noon when the Mom's Club of Parkton brings children to participate in intergenerational activities. Help is needed with these visits, the first of which is on September 13.

It is a rare and wonderful thing when a centenarian is happily occupying a cluster apartment. Such an event transpired this



Ginny Cooley with June Gee at B Cluster picnic celebration

Jackie Mintz photo

summer when **Ginny Cooley** of B Cluster celebrated her 100th birthday in June.

When asked for comment by *The Voice's* Penny Partlow,

Ginny said, "I have always been able to do what I wanted . . . and to manage on my own." Continuing, she offered the advice, "Enjoy life and live to its fullest."

Another rarity at Broadmead is the sight of four men eating together without benefit of feminine companionship. The photo below was taken by Sheila Meyers, using Stan Wilson's iPhone. The shot is too good not to share with the community.



Dick Webster, Bob Fetter, Stan Wilson, Warren Moos

BRA HEALTH CARE LECTURE

What You Need to Know About Atrial Fibrillation

Hugh Calkins, M.D.

Director, Cardiac Arrhythmia Service
Johns Hopkins Hospital

Tues., Sept. 24 10:30 a.m. Auditorium

Resident **Kitty Stierhoff** has been honored by the Baltimore County chapter of the League of Women Voters with its inaugural



Kitty Stierhoff

Volunteer Appreciation Award.

Beginning in the early 1960's, Kitty has worked for the League in project areas such as civil rights; international relations; the Central Maryland Fuel Fund; fair, affordable housing; etc.

At Broadmead, she has continued her involvement by hosting consensus meetings and helping to coordinate candidate forums for residents.

At its July 24 meeting, the Editorial Board of *The Voice of the Residents* achieved unity on a decision to request that *The Voice* be posted on the password-protected version of **Caremerge**. Margaret Warden has notified residents that this posting has occurred.

A principal benefit is that when visually impaired residents display *The Voice* on their electronic screens, they have the ability to enlarge the text for easier reading.

Some residents have asked if money could be saved by printing fewer paper copies, and the answer is "not much." Most of the charge for *The Voice* is press preparation by the printer. There is the possibility of producing *The Voice* solely in digital form. This is a decision that will be left to future editors.

InSight Low Vision Meeting

Strategies - Becky Shive from Genesis

Mon., Sept. 16 10:30 a.m. Auditorium

BROADMEAD WRITERS GROUP

Fridays 4:00 p.m. Fireplace Room

Often followed by dinner together

Questions? email maggie.babb@gmail.com



New water main deeply buried below frost line



Retaining wall early in the process



Retaining wall almost completed



Bye bye swimming pool. You were great!



Broadmead's new soccer field?

Paint and Pastels

Thursdays 10:00 a.m. to noon
Lower Level Art Room

Corner Cupboard

Weekdays except Wednesdays, 10:00 - 4:30
Closed 1:30 - 2:30

Ceramics

Every Thursday, 1:00 to 3:00 p.m.
Lower Level Ceramics Studio

OLD & NEW SHOP

Treasure Trove of Barn Sale Favorites
Mon. - Fri. 10-2 Sat. 11 - 1



Memorial copper beech protected for survival

BROADMEAD PLAYREADERS

Anniversary Readings

Memories of early Broadmead residents

Wed., Sept. 11 7:00 p.m. Auditorium

Cabaret Music & Dancing

Monday, September 9 7:00-8:30 p.m.

Lounge *Everyone Welcome!*

Let's Sing

"Memories from Musicals and Movies"

Mon., Sept 16 7:00 p.m. Auditorium

Baltimore County Public Library

Bookmobile Visits

2nd and 4th Fridays each month

9:30 a.m. to 11:00 a.m.

NOTE: During construction, the vehicle will be parked to the **right** of the lower level front entrance. Staff is glad to step **off** the bus to assist you with returns and pickups.



Hillside Home rising, seen from afar



Hillside Home rising, seen from above

**Metropolitan Opera Bus
Trips to Charles Theater**

Bus leaves Lower Level at noon

Bus charge: \$15 round trip

Turandot - Giacomo Puccini

Saturday, October 12

Manon - Jules Massenet

Saturday, October 26

Buy opera tickets at the box office

Sign up behind reception, home in time for supper

**All You Need to Know
About Broadmead**

Learn about:

Administration Services

Activity Opportunities

How to work the system

***Leaders in these areas
want to enlighten you***

Wed., Sept. 25 7-8:00 p.m. Auditorium

Residents learn of hospice options at Healthcare lecture

Text and photo by Kathleen Truelove

In the June Healthcare lecture, Paula Gabriel, R.N., defined hospice care as not giving up, but changing the plan for people in the last phases of terminal illness. It neither hastens nor postpones death, but focuses on comfort and quality of life for the patient and the family.

An interdisciplinary team of physicians, nurses, social workers, and trained volunteers provides services which can include grief counseling. Venues include hospitals, hospice or assisted living facilities, homeless shelters, correctional facilities, or residences.



Paula Gabriel, R.N.

The criterion for hospice admission is a life-limiting illness with a prognosis of death within six months. While in hospice status, which is covered by Medicare, patients must forgo other medical intervention for that illness. To continue hospice

eligibility, a patient must be recertified after 90 days, and then again each 60 days thereafter. It is possible to go off of hospice and back on again. Gabriel noted that hospice is an option that physicians don't always introduce.

Gabriel said that four hospice services are readily available to Broadmead residents: Gilchrist, Stella Maris, Seasons, and Carroll, where she works. If a Broadmead patient, along with family, opts for hospice care, plans for specifics are made between Hallowell providers and the staff of the selected hospice. Hospice staff can not write orders or arrange insurance, but they can provide guidance in both cases.

In the Q and A portion of the lecture, Jack Griffith said that while living in Illinois, he and Bonnie volunteered at a hospice program and found it rewarding. He stressed the importance of family involvement.

Broadmead authors at Old & New Shop

By Elsa Collins

On June 23, seven Broadmead authors appeared at the Old & New Shop and spoke with residents about the reason for their projects, the difficulties they encountered, and what they gained from the experience.

Ross Jones said that his publicity work for Johns Hopkins University eight years after his graduation let him unearth a vast amount of information about Elisabeth Gilman, daughter of JHU's first president, Daniel Gilman. Eventually, he wrote *Elisabeth Gilman, Crusader for Justice*. A century ago, Ms. Gilman traveled the world and became a moving force for social justice reform.

New resident **Kathy Kenny**, librarian at Roland Park Country School, researched and produced texts for the school's Women of Courage series, covering Baltimore women like Juanita Jackson Mitchell and her mother, Lily Taylor Jackson.

Larry Schneider recounted his inspirations and adventures in writing and publishing *Say Yes to Saturday*. This saga was thoroughly covered by The Voice on page 7 of the November, 2017 issue and page 13 of the April, 2018 issue.

Joe Sterne reflected on five major news stories the *Baltimore Sun* had been first to report. Following 35 years of editing the Editorial Page, he wrote about World War II.

New resident **Carolyn Adams** described how she and her husband researched his African American family in Accomack County records dating to 1617. Other sources were State of Maryland and Harford County archives. Two publications and contributions to several ancestry data bases resulted.

Michael Kelly spoke of his wife, **Narindar's**, compilation of stories told by animals speaking as humans, *The Panchatantra: Teaching Tales of Old India*. She intended it just for her grandchildren, but it is now in many Indian libraries.

Cecil County dairy farmer **Isaac Rehert** supplemented meager milk proceeds by stringing for the *Baltimore Sun*. He began a popular series of weekly essays on country life that eventually became a book, *Rock Run Hollow*.

Season's concert finale a big hit with residents

text and photo by Sally Bloomer

The final concert of the spring was spectacular. The Seth Kibel Trio entertained an appreciative crowd in late June.



Stan Lane, Bob Abbott, Seth Kibel

Seth himself plays saxophone, clarinet and flute. At the piano is Stan Lane and Bob Abbott plays the bass. Some of the tunes

included "I'm Beginning to See the Light," "Blue Skies," and "Memories of You." When Chick Webb's "Don't Be That Way" was played, Seth showed his enthusiasm by throwing his clarinet high in the air and catching it. Some show!

Military Band offers a new entertainment form

By Bob Fetter, left photo by Kathleen Truelove, right photo by Robin Tate

In early July, residents were treated to a taste of New Orleans music by the United States Army Blues Jazz Ensemble, "The Swamp Romp." Resident Jack Griffith is shown (left) introducing the band (right).



Jack arranged for the appearance because he knows the trombonist, Aaron Eckert, due to 35 years of association with the Eckert family while the Griffiths lived in Illinois.

The band was led by Master Sergeant Graham Breedlove.

Virtuoso pianist to visit again

By Elsa Collins, photo from artist's website

Returning on Sunday, September 18 for a fourth Broadmead engagement, Soheil Nasserli will open the 2019-2020 Concert Series. Nasserli's repertoire reflects his interest in new music with nine works having been composed for him by current composers and his intention to play all of Beethoven's piano pieces during 2019 to



Soheil Nasserli

mark Beethoven's 250th anniversary. The program for his appearance at Broadmead is not yet set, but last year's well received performance featured works by Viktor Ullmann, Beethoven, Chopin and Brahms.

Nasserli, born in California, began studying at age 5, then moved to New York to work with Karl Ulrich Schnabel and in 2001 became a protégé of Jerome Lowenthal. He currently lives in Berlin.

MUSIC COMMITTEE

Soheil Nasserli, Pianist

Wednesday, Sept. 18 7:00 p.m. Auditorium

SEE ARTICLE IMMEDIATELY ABOVE

THE EXCHANGE

Jesse Russell - Housekeeping Manager

Thursday, September 26
3:00 p.m. Auditorium

OPEN FORUM EVENTS

Security and Privacy in a Mobile Social World

Anupam Joshi, PhD

Director, Center for Cyber Security, UMBC
Thurs., Sept. 19 7:00 p.m. Auditorium

South Sudan Today

W. Courtland Robinson, PhD

Friday, October 4 7:00 p.m. Auditorium

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Auditorium

Interfaith Vespers

Sundays at 4:30 p.m. in the Lounge

September 15 Rev. John Dailey
Clynmalira United Methodist Church

Bible Study

(sponsored by
Govans Presbyterian Church)
Tuesdays, 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Fireplace Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

Thursday, September 12: *Everything
Happens for a Reason - and Other Lies I've Loved*
Thursday, October 10:
What Will Humans Look Like in 100 Years?

In Memoriam

Gertrude "Trudi" Shippenberg

June 17, 1928 - June 13, 2019

Agnes Bartlett

September 27 1927 - June 29, 2019

Pamela Swiss Nixon

March 12, 1946 - July 9, 2019

Frederick W. Meise, Jr.

April 11, 1937 - August 8, 2019

Peggy Patterson

August 13, 1932 - August 8, 2019

Don Smyth

July 22, 1923 - August 18, 2019

Moving Around Broadmead

	From	To
Nancy Hauss	C-23	T-323
Adele Free	T-313	H-273

Love at First Sight

By Jackie Mintz, photo by Annette Zubritsky

The very first time Tootsie (left) and Arturo (right) met, they fell for each other. Tootsie threw over her then-beau and ever since they have been getting together almost every day.



Tootsie and Arturo

When either leaves home, he or she heads straight for the other's house. Tootsie lives with Emily Mohr in Cluster B; Arturo with Ruth Goen in Cluster J.

They usually play indoors at Ruth's house. The get together follow a routine: they wrestle

and nap, they wake up, and they wrestle and nap. Although smaller, Tootsie is the undisputed boss. If Arturo is sitting on Ruth's lap, Tootsie nudges him off and gets on. Even if it's Arturo's toy, if Tootsie wants it, Arturo lets her have it.

BRA has plenty of **FURNITURE** stored in Holly House for sale. *We Deliver!*

For an inspection appointment, call Duffy:
443-578-8226 or 410-960-7562

Sew and So

Wednesdays 10 a.m. to noon
Lower Level Art Studio

Limit of 3 freshly laundered garments

NATURE COMMITTEE

Wed., Sept. 18, 4:00 p.m. Seminar Room

Improving Our Campus for Nature

Monarch Display until October

Take a look!

New Arrivals

Ralph and Bobbie Cook, M-10	410-303-5350
Danièle Cornell, Q-13 (Sept)	443-578-8230
Michael and Nora Yaggy, G-3	443-578-8414
Carol Woodruff, R-4 (Sept)	203-948-9392

BROADMEAD MOVIES

7:00 p.m. Auditorium

Tuesday, September 3 *An Education*

In 1960's London, a 16 year-old girl's platonic relationship with a much older guy gradually slips toward romance.

2009 PG-13 1 hour 40 min

Saturday, Sept. 7 *The Spanish Prisoner*

A man designs a lucrative process. He fears his company is stiffing him. He is framed for murder. Steve Martin, Felicity Huffman.

1997 PG 1 hour 50 min

Tuesday, Sept. 10 *Maid in Manhattan*

A powerful politician mistakes a hotel maid for a socialite guest. Romance follows, but can it survive the truth? Jennifer Lopez.

2002 PG-13 1 hour 45 min

Saturday, September 14 *Taking Chance*

In a moving true story, Kevin Bacon plays a Lt. Col. who volunteers to escort the body of a 2004 Iraq war casualty home to Wyoming.

2009 TV-PG 1 hour 17 min

Tuesday, Sept 17 *Sleepless in Seattle*

Classic romance between widower Tom Hanks and Baltimore newswoman Meg Ryan set up by Tom's 8 year-old son.

1993 PG 1 hour 45 min

Saturday, September 21 *The Soloist*

A struggling newsman discovers and touts a prodigy homeless street musician.

Robert Downey, Jr. and Jamie Foxx.

2009 PG-13 1 hour 49 min

Tues., Sept. 24 *All This, and Heaven Too*

Governess Bette Davis provides excellent care for Duke Charles Boyer's children, but runs afoul of his spiteful estranged wife.

1940 Approved 2 hours 21 min

Saturday, Sept. 28 *A Man Called Ove*

Swedish comedy-drama in which a widowed and isolated retiree who has given up on life is energized by boisterous new neighbors.

2015 PG-13 1 hour 56 min

Tuesday, Oct. 1 *North by Northwest*

Alfred Hitchcock's mistaken identity thriller in which Cary Grant and Eva Marie Saint are chased by both bad guys and police by train, plane, automobile, and crop duster.

1959 NR 2 hours 16 min

Sat., Oct. 5 *Nostalgia Triple Feature*

Road Runner cartoon, 1975 5 min

3 Stooges' Disorder in Court, 1936. 17 min

A Chump at Oxford Street sweepers Stan Laurel and Oliver Hardy foil a bank robbery, earning a scholarship to Oxford where they have acceptance problems with students.

1939 Approved 1 hour 25 min

Hallowell and Taylor Events

Monday, September 2, 2:30 p.m.

Music with Concetta and Ben

An exciting visit with a variety of instruments including viola, percussion, mandolin, and more

Hallowell Garden Dining Room

Tuesday, September 3, 10:30 a.m.

Favorite Poems with Isaac

Taylor Great Room

Friday, September 13, 2:30 p.m.

Baltimore County Library presents

Old Time Radio and Great American Song Book
Auditorium

Wednesday, September 18, 3:00 p.m.

Monthly Birthday Party, Music by John Oliver

Hallowell Garden Dining Room

Monday, September 30, 2:30-4:30 p.m.

"It's Never 2 Late" 60/20 Celebration/Open House

Come celebrate and explore all that our "It's Never 2 Late" Technology offers
Auditorium / Lounge

Wednesday October 2, 3:00 p.m.

Jewish New Year Music Program
with Judy Stamberg

Taylor Great Room

Friday, October 11, 2:30 p.m.

Tour Around the World Happy Hour

with Music by Lynn Roxy
Hallowell Garden Dining Room

Voice of the Residents

Volume 41, No. 1 September, 2019

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the last Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 300 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to rbheaton@aol.com AND to rpfeh2@gmail.com.

MaCCRA continues to look out for residents' interests

by Ed Hirschmann, photo by Kathleen Truelove

Denise Love was re-elected to a third term as president of the Broadmead chapter of the Maryland Continuing Care Residents Association (MaCCRA), the principal



Denise Love

representative organization of Broadmead residents. The annual reorganization meeting was held on June 12, 2019.

Recently arrived resident Carolyn Adams was elected chapter vice president. Alice Giles and Marjorie Espenschade were re-elected

secretary and treasurer, respectively. Marj reported that the chapter has 210 dues-paying members, 34 of whom are new. All officers were elected unopposed.

The Broadmead chapter continues in a leadership position in the state organization in lobbying and working among state authorities to represent elder interests in State of Maryland affairs and regulations.

DISPLAY AREAS

ATRIUM	Creative Expressions, Works from Taylor and Hallowell.
DISPLAY CASE	Beautiful and interesting rock collections of Alice Christensen and David Hauser.
EAST HALL	Mark Hiles, Zoll Studio teacher, watercolor and oil landscapes. <i>In October</i> , Complimentary Colors watercolor exhibit.
LOWER LEVEL	Bernie Anderson's photographs taken on his Army tour of duty in Japan, 1954-5. <i>Through Oct.</i>